



HELPING HANDS
OCTOBER 2025-OCTOBER 2026

ESC in SAVONA

Fondazione ComunitàServizi

ACTORS' ROLES

HOSTING

Welcoming and registration

Documents and formalities

Linguistic training

Accommodation

Pocket money and food money

Transports

MENTOR

Travel support

Personal support

Logistic support for social life

Youthpass

Planning and Holidays

TUTOR

Administrative issues

Support for work issues

Monitoring and evaluation

SENDING

Pre-departure training

Contract volunteers insurance

Monitoring during the process

Dissemination

TRIP PLANNING

HOW TO PREPARE



DOCUMENTS

Agreement

Insurance

European Health Card

ID card/Passport

Visa (if required)



PRE-DEP. TRAINING

OLS

Meeting with SO

Online meeting with HO

Get in contact with the mentor



TRAVEL

Tickets (Keep the Boarding Pass!)

Arrival arrangements with HO



ARRIVAL

Setting in the apartment

Meeting in the office

Documents for social life

Week planning

OAT (On Arrival Training)

CONDOMINIO SOLIDALE

The apartments of this building have been given to families in a state of fragility. The aim of the project is to promote cooperative relationships between people who live there and develop a sense of civic responsibility and citizenship in the quarter. The volunteers will be involved in organizing the activities: inclusive laboratories for adults, children, old people on different bases such as handcraft, homework, language learning, relaxation as well as environment, health, welfare, human rights,..



MENSA SOLIDALE E CENTRO DIURNO

A canteen for homeless where the volunteers have not only a logistic role in preparing and distributing the food but especially in creating a welcoming and warm climate. In the afternoon the local is open to offer a place to stay alternative to the street. The volunteers will have a role in the animation of the centre.



CAS FOR ASYLUM SEEKERS

The volunteers will work alongside experienced staff members who are assigned to work with adult women with dependent minor children.

The chosen method of operation is the collective reception of women, the category most vulnerable, especially for their origins, their low or no education, and the human trafficking network with which most have come into contact.

The volunteers will work on the themes of HUMAN RIGHTS, INTEGRATION, and SOCIAL INCLUSION.



CASA BENEDETTA ROSSELLO

It consists of a building with several apartments, a garden, a large hall for communal use, and workshops (carpentry, ceramics, raw material processing).

The goal is, on the one hand, to create good coexistence relationships and, on the other, to act as a catalyst for processes that enliven the local community. Volunteers will work to raise awareness among the neighborhood of CIVIC RESPONSIBILITY, SOCIAL INCLUSION, and the INTEGRATION of the most vulnerable.



ACCOMMODATION

The volunteers will be hosted in the Condominio Solidale. They may share the apartment with young people and volunteers. The apartment is renewed and situated in the centre, near Caritas' offices, the station and all facilities such as commercial centre, post office, banks, bars, gardens, jims, cinemas. In 15 minutes walking you can even get to the swimming pool and beaches.



ITALIAN SCHOOL

The volunteers will attend Italian classes in two schools: the public school and the private school belonging to Caritas. The public school will allow the volunteers to have access to a final evaluation test to certify their level according to the CEFR. In Caritas' school Italian lessons are available for all levels. The volunteers will join our classes and will know our foreign students. If necessary, also individual classes are available.



Contacts

HOSTING

Fondazione Diocesana Onlus
Comunità Servizi

Via dei Mille 4, 17100
Savona - Italia

Email:
info@comunitaservizi.org

Tel.:
+39 019807258

MENTOR

Giulia Meruzzi

Email:
g.meruzzi@comunitaservizi.org

Mobile:
+39 3898876416

TUTOR

Claudia Becchi

Email:
c.becchi@comunitaservizi.org

Mobile:
+39 3404635280

LEAD

Associazione Papa
Giovanni XXIII - Rimini

Rosa Spalatro

Email:
volontariato europeo@apg23.
org